Heywood Hospital
242 Green Street • Gardner • MA 01440 • 978/632-3420

FAX

To	Date	Time
Fax	Phone	Pages
From	Fax #	
Patient	Hosp #	
Address	DOB	
Scheduled for	Date	

Notes

Factors marked below warn of increased risk of perioperative cardiac morbidity (PCM)

Age ≥ 60		Known coronary artery disease	
Hypertension		Severe valvular disease, esp. aortic stenosis ⚑	
Diabetes mellitus		Unstable, untreated, new or changing angina ⚑	
Peripheral vascular disease		Congestive heart failure, cardiac tamponade ⚑	
Nicotine use		Hazardous rhythm and/or EKG ischemia ⚑	
Hb < 9, Creat ≥ 2, Cholesterol ≥ 240		Recent PCI and stent placement ⚑	

The department of anesthesiology is not able to manage or follow this problem during preoperative or postoperative courses, therefore requests your expert evaluation and management.

Signature: ______________________________ Position: ______________________________

Medical literature indicates that risk of perioperative cardiac morbidity (PCM) may be reduced if the heart rate is reduced by adrenergic beta blockers and/or clonidine (BBAC). Patients sensitive to beta blockers because of asthma (not COPD or emphysema), sick sinus syndrome or AV dissociation may respond to clonidine with less chance of cardiac or pulmonary side effects. Other managements including lipid reduction therapy may also be of benefit.

Risk factors in flagged cells above may need urgent optimization by a cardiologist.

Risk reduction is considered more effective if management begins at least 5 days before surgery and maintained at least three weeks after surgery or even permanently.

http://www.cardiacengineering.com/bbac/PCRRT.pdf provides details on reducing the risk of perioperative cardiac morbidity with BBAC presented both in summary and for comprehensive CME.

PCM risk reduction associated with lipid reduction therapy is under investigation. Beneficial effects have been described by **Durazzo AE: J Vasc Surg 2004;(39):967-76**

Please note: *This document and any attached papers may contain privileged and confidential information belonging to the sender and intended for use only by the authorized receiver named above. If you are not the intended recipient, you are hereby notified that any disclosure, copying, distribution or the taking of any action based on the contents of this faxed information is strictly prohibited. If you have received this fax in error please notify us immediately by telephone or fax and destroy or delete this original faxed document together with any copies, electronic, paper or otherwise in your possession. Thank you.*

Heywood Hospital
242 Green Street • Gardner • MA 01440 • 978/632-3420

FAX

To	Fax	Phone
Patient	Hosp #	DOB
Address		Pages
Procedure		
From	Date	Time
Location	Fax	Pager

Dear Dr.

This patient received surgery today. Increased risk of perioperative cardiac morbidity (PCM) was suggested by items marked in the table below. No ischemic events were recognized in the immediate perioperative period. Prophylaxis against PCM was initiated. Your follow-up and continued management is requested.

Age ≥ 60		Known coronary artery disease	
Hypertension		Severe valvular disease, esp. aortic stenosis ⚐	
Diabetes mellitus		Unstable, untreated, new or changing angina ⚐	
Peripheral vascular disease		Congestive heart failure, cardiac tamponade ⚐	
Nicotine use		Hazardous rhythm and/or EKG ischemia ⚐	
Hb < 9, Creat ≥ 2, Cholesterol ≥ 240		Recent PCI and stent placement ⚐	

Notes

Findings & Actions

Pre-op

Intra-op

Post-op

Please note: *This document and any attached papers may be privileged and confidential, containing information belonging to the sender and intended for use only by the authorized receiver named above. If you are not the intended recipient, you are hereby notified that any disclosure, copying, distribution or the taking of any action based on the contents of this faxed information is strictly prohibited. If you have received this fax in error please notify us immediately by telephone or fax and destroy or delete this original faxed document together with any copies, electronic, paper or otherwise in your possession. Thank you.*

Heywood Hospital
242 Green Street • Gardner • MA 01440 • 978/632-3420

Urgent FAX

To		Date	Time
Fax	Phone		Pages
From		Fax #	
Your patient		Hosp #	
Address			DOB
Operation			

Cardiac problems developed during surgery:	Arrhythmia	
	ST segment change	
	Conduction abnormality	
	Inadequate blood pressure	
Investigations were ordered:	12 lead EKG	
	Troponins	
	CPK isoenzymes	
	Evaluation by cardiologist	
Treatment was initiated:	Oral ß blockade	
	Parenteral ß blockade	
	Transdermal clonidine	
	Oral clonidine	

Please follow...

Anesthesiologist Signature.

Strip, date, time, BP, HR.

Please note: *This document and any attached papers may be privileged and confidential, containing information belonging to the sender and intended for use only by the authorized receiver named above. If you are not the intended recipient, you are hereby notified that any disclosure, copying, distribution or the taking of any action based on the contents of this faxed information is strictly prohibited. If you have received this fax in error please notify us immediately by telephone or fax and destroy or delete this original faxed document together with any copies, electronic, paper or otherwise in your possession. Thank you.*